ABSTRACT

EMPOWERMENT OF MENTAL HEALTH PROGRAM MANAGERS AT TOPOYO PUBLIC HEALTH CENTER MAMUJU REGENCY

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Mental health is a state in which a person can grow physically, mentally, spiritually, and socially so that he or she is aware of his or her own abilities, can manage with stress, work efficiently, and contributes to his or her community. In comparison to the Essential Public Health Efforts programs, the mental health program implemented at the Topoyo Public Health Center has not become a priority program, but it is included in the achievement indicators for the implementation of Minimum Service Standards (MSS) in Basic Health Services. The person in charge of the program or the manager of the mental health program at the Topoyo Public Health Center must continue to work hard to meet the MSS target in order to meet the target. Human resource management is linked to mental health cadre capacity building. As a first-level health center, Topoyo Public Health Center has created a Mental Health Program. The objective of the study was to understand about the Topoyo Health Center's Empowerment of Mental Health Program Managers as Mental Health Cadres.

This study applied a descriptive qualitative research with purposive sampling method. The data collected through observation, interviews, and document review. The data was analyzed in three stages: data reduction, data display, and data verification.

The study showed that the Topoyo Public Health Center's mental health program administrators were empowered through service activities for mental patients, as well as promotional and preventive activities. The inability to hire Mental Health cadres is a barrier to the execution of mental health programs, requiring Mental Health program managers to work as Mental Health cadres in the Topoyo Health Center's operating area.

***Keywords**: Empowerment, Program Manager, Mental Health, Cadre, Topoyo Public Health Center*

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